



*Dr. Louis Siegelman*  
advancing the art of dentistry

Produced to improve your dental health and awareness

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## fromthedentist

### *Who can benefit from the use of intravenous sedation for their dental care?*

It is common for people to feel anxious about their dental procedures.

Many people who have had a bad or traumatic experience, especially as a child, avoid the dentist for years, even decades later. Others may have especially sensitive teeth and gums, or a reactive gag reflex. There is no need to be embarrassed. We are here to help you, and offer encouragement. It is possible for you to have dental care in comfort.

#### **Dental care with intravenous anesthesia**

Our goal is to provide dental care without fear, pain or anxiety for our patients. We use a wide range of techniques to provide the most comfortable dental care possible.

Many patients have found that dental care with intravenous or general anesthesia may be the most comfortable and relaxing solution to their dental problem.

*Yours in good dental health,  
Dr. Louis Siegelman*

## turnthepage

Break through with the new you!

Crown your way to glory!

Spice up your smile...

## What Is Sedation Dentistry?

Sedation dentistry can mean any type of sedative given by pill, elixir, intravenous, inhaled or otherwise that relaxes the patients for dental procedures. Many dentists advertising on the radio or internet provide sedation with a pill called triazolam combined with nitrous oxide (also known as laughing gas.) This can relax patients and may reduce their memory of dental procedures. More advanced dentists, called dentist anesthesiologists, are able to use the same pill, but offer other methods of sedation in addition to just "the pill". Triazolam may be all many patients need for relaxation; however more apprehensive people typically require something more. A qualified dentist anesthesiologist can use intravenous sedation or general anesthesia. The use of intravenous allows a dentist

to carefully adjust the sedation to be "just right" for each individual, and helps insure a more comfortable dental experience. A dentist anesthesiologist has at least one full year of formal residency training solely devoted to anesthesiology.

#### **Dental Care With Intravenous Anesthesia**

Use of intravenous sedation enables the dentist to provide as close to a completely comfortable experience as possible. The dentist is able to more precisely control the level of sedation so that patients don't experience fear, pain, or anxiety. It works for patients who have difficulty getting numb or people with a sensitive gag reflex. Dr. Siegelman has performed approximately twenty thousand dental sedations and general anesthetics over the last twenty years.



*We are committed to preventive dental care!*

# Your Comfort Really Matters To Us

Though most people have no trouble overcoming their fear of dentists, there are patients with panic and anxiety disorders who simply can't bring themselves to go to a dentist. For some, the sight of a dental office triggers the fight-or-flight response resulting in rapid pulse, heavy breathing and profuse sweating. Many of these phobic patients often put off dental visits for many years, and generally require extensive treatment when they do manage to come in for dental care. For many of these patients, the practice of Dr. Louis Siegelman is their first step on the long road to fearless dental care.

"When it comes to dentistry, my patients are battling the fight-or-flight response," commented Dr. Siegelman. "If you are battling this reflex response and you are trying to approach something that your whole physiology and instincts are telling you to run away from, it takes a lot of will power. It maybe all that they can do just to come in two or three times, for a series of

dental visits."

"There is only so much that patients can do to overcome their deeply seated fears, on their own. Approximately 30-40% of my patients have a traumatic past that may have an unconscious association with the dental environment."

Dr. Siegelman credits his dad for preparing him mentally, morally and emotionally for the field of dentistry. "My dad was a very giving man and probably hundreds of years ahead of

his time in terms of his universal respect for others," said Dr. Siegelman. "The real thing that I got from my dad is empathy."

Patients who experience panic attacks, have difficulty getting numb, have needle phobia or a sensitive gag reflex can be treated right here in our office with Dr. Siegelman's expertise. Patients seeking care with sedation have special concerns. Nobody really wants sedation for dentistry unless they really perceive the necessity for it.



## office information

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**Dr. Louis Siegelman**  
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### Office Hours

Monday	8:40 am	–	5:00 pm
Tuesday	8:40 am	–	5:00 pm
Wednesday	8:40 am	–	5:00 pm
Thursday	8:40 am	–	5:00 pm
Friday	8:40 am	–	5:00 pm

### Contact Information

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### Office Staff

Lucienne ..... Business Administrator  
Nadine ..... Business Administrator  
Melissa McEnerney ..... Hygiene  
Danielle Rodriguez ..... Dental Assistant  
Paddy Beston ..... Dental Assistant  
Sara Helms ..... Dental Assistant



# Be Anxiety Free

Nitrous oxide, also known as laughing gas, is a pain relieving and sedating gas that is combined with oxygen to make patients more comfortable during dental care. A light tingling feeling is often experienced by patients as well as an altered sense of time. Patients often listen to relaxing music during nitrous oxide sedation. Some patients love the feeling and feel very comfortable, others require something more tranquilizing. In general, patients who have had traumatic dental or life experiences that leave a life long memory will be more comfortable with something that will relax them more than nitrous oxide alone.